

How to Teach a Kid to Ski: New Children's Book Helps Beginner Kids Start Turning on Skis

How to teach a kid to ski is a common question for parents, and a new children's book from ski instructor and author Tony Herman aims to make the hardest early skill—turning—click faster for kids ages 5–8.

MADISON, WI — How to teach a kid to Ski is one of the most searched questions parents ask before (and during) family ski trips, especially when a child is stuck in the “straight down the hill” phase. Tony Herman, a ski instructor who has been teaching since 2006, has released a new children's book designed specifically to help beginner kids start turning on skis in a fun, low-pressure way.

The book, *Swoosh the Snow-saurus*, is a rhyming story created from real-world teaching experience. Herman has taught hundreds of ski lessons over the years, trained new instructors, and written other resources to help instructors teach more effectively. The goal with this book is simple: give parents a tool that helps kids stay engaged and confident on snow—so turning becomes easier without constant coaching or frustration.

“Most kids who won’t turn aren’t being stubborn,” said Herman. “They’re overwhelmed. When you can reduce pressure and make the experience playful, turning often clicks much faster. This book was built to do exactly that—without parents needing to be ski experts.”

To preserve what makes the book effective, the exact story-based method is not fully explained publicly. The book is designed to be read before skiing and then used on the hill as a simple, kid-friendly “assignment” that encourages side-to-side movement and better control on beginner terrain like bunny hills and easy green runs.

The physical paperback edition is 7.5 in x 7.5 in, approximately 34 pages, and includes a built-in companion resource for parents: The Turning Guide, along with additional practical tips.

Parents and instructors can learn more here:

<https://www.skiwithtony.com/how-to-teach-a-child-to-turn-on-skis/>

Price & Availability

Swoosh the Snow-saurus paperback is available now for \$15.99 and includes the Turning Guide.

About Tony Herman

Tony Herman is a ski instructor and author who has been teaching since 2006. He has taught hundreds of lessons, trained new instructors, and written resources designed to help instructors and families create calmer, more successful learning experiences on snow.

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Original article: <https://www.tonyherman.com/how-to-teach-a-kid-to-ski/>

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